

## FINDING YOUR OWN PATH IN LIFE

*When you follow your heart, your inner GPS, you are nudged in the right direction . Because what finding your path comes down to is living life.*

It also ruined my breakfast. He just wanted to play. Even after we finish school. It might not all be easy, but the perspective it brings will be worth it. It is the same as the major bullet points of my Dad's life. You are your own best psychic, the only one who truly knows if the path you are on is meant for you. So ask yourself, if someone put a gun to your head and forced you to leave your house every day for everything except for sleep, how would you choose to occupy yourself? I had a business degree, a smart and attractive girlfriend, I was talking about getting a masters degree, and I was going off to Europe to go traveling. In my experience the more questions I asked, the more answers I learned to receive. Over the course of six months in South America, I started thinking about how unhappy I was, about the regrets I had, about the negative aspects of my relationships. Was it broken? You can opt out at any time. I then recorded any themes that popped up and how I felt about those qualities did I have them, did I not, did I want them and did I feel like that was me? Ergo, due to the transitive property of awesomeness , if you avoid anything that could potentially embarrass you, then you will never end up doing something that feels important. A few drinks were nearly spat on me. And to do that is scary. With no reasonable approach apparent I stood still. When we believe this, we gain the feeling of being lost, like nothing we do really matters all that much. A lot of people gave vague and boring answers. Being this way has taught me a lot about other people too, paths of existence, how it is all laid out for all of us. It will be well worth the time spent. My stress and anxiety were heightened by the increasing uncertainty in my career, the unpredictability of events, and the complicated, fast nature of life, especially over the last few years. Sounds good. If you are observant during the transition, asking for signs or even a miracle might lead you to finding one, but you have to simply trust. Some of these things are important. And the action does not have to be perfect or huge. It just made sense, and I discovered it by chance. By the time they start making themselves known to you, you will have developed the ability to develop them as well. But it did cause people to really think about their lives in a different way and re-evaluate what their priorities were. Even after we get a job. One thing you can opt to do, especially if the first round revealed some new activities you didn't expect to enjoy so much, or if you want to try something new you didn't think of before, is to do the exercise over again, with a second round of activities. What is your legacy going to be? The more I focused on my own voice and the voices of encouraging friends, the more I grew to believe in myself. It was sanctioned and it was easier than confronting the reality that my university grades and my previous work experience was not going to suffice to get me into the type of job I wanted.